

# Empowering Recovery: Medication-Assisted Therapy in Ohio, Options for Alcohol Addiction

by Impact Wellness Network | May 30, 2024 | Blog



Among the many options for alcohol addiction treatment in Ohio, medication-assisted therapy (MAT) has emerged as a game-changer. MAT involves combining medications approved by the FDA with psychotherapy, providing a comprehensive approach to treatment by addressing the different physical, social, and psychological facets of alcoholism.

## Addressing Alcohol Addiction with MAT:

MAT provides individuals struggling with alcohol addiction with effective options to manage cravings, reduce withdrawal symptoms, and prevent relapse. Medications such as naltrexone, acamprosate, and disulfiram work by targeting the brain's reward system, helping individuals gain control over their alcohol use and paving the way for them to concentrate on getting their lives back on track.

MAT is invaluable in empowering recovery from alcohol addiction due to the following:

### Comprehensive treatment

MAT programs in Ohio offer more than just medication- they provide individuals with a comprehensive treatment system to guide them through every step of their recovery journey, from [inpatient treatment](#) to aftercare. These programs incorporate individual, group, and family counseling as well as behavioral therapies as part of treatment. This gives participants the chance to identify and work on underlying issues that led to addiction as well as develop the necessary coping skills and resilience needed to handle triggers and stressors that may lead to relapse.

### Personalized treatment plans

One of the key strengths of medication-assisted therapy in Ohio is the ability to tailor treatment plans to meet the unique needs and circumstances of each individual. Before being admitted to the treatment program, individuals are first assessed to determine their specific challenges, preferences, and goals. This helps treatment providers to craft individualized treatment plans and provide personalized care that maximizes their chance of success in recovery.

### Breaking the stigma around addiction

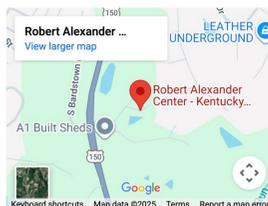
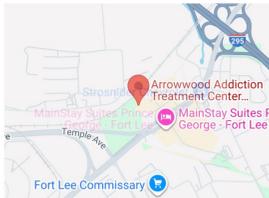
MAT programs also play a critical role in breaking down the stigma surrounding addiction. Most individuals battling alcohol addiction fear going through detox due to uncomfortable and even dangerous withdrawal symptoms. However, with MAT, they can [safely detox](#) under medical supervision, allowing them to concentrate on other aspects of their treatment. This compassionate and understanding approach helps break down barriers to treatment, encouraging individuals to seek help without shame or fear of judgment.

### Promoting long-term wellness and sobriety

Ultimately, MAT is about more than just overcoming alcohol addiction -it's about promoting long-term sobriety and wellness. These programs provide individuals with the tools, resources, and support they need to rebuild lives that are free from the grip of addiction.

## Comprehensive Addiction Treatment Programs in the Midwest

Alcohol addiction is a complex illness that can be physically and mentally devastating. To break free, you need the help of experienced, accredited, and compassionate professionals found at [Impact Wellness Network](#). Our Midwest treatment centers are designed and equipped to provide exceptional care and support to our clients throughout their recovery journey whether they are in [Ohio](#), [Indiana](#), [Kentucky](#), [Missouri](#), or [Virginia](#). [Give us a call today](#) to learn more about our MAT options and other addiction treatment programs.



## IMPACT WELLNESS NETWORK

Phone: 855-491-5557

Multiple Locations in KY, IN, OH, MO, and VA



### Programs

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- Partial Hospitalization
- Intensive Outpatient
- Outpatient
- Mental Health
- Medication-Assisted
- Animal-Assisted
- Family Therapy
- Dual Diagnosis
- Wilderness Therapy

### Facilities

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- Findlay Recovery Center
- Robert Alexander Center
- Impact Outpatient
- Grand Falls
- Arrowwood ATC

### Who We Help

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- Women
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- First Responders
- LGBTQ+
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### Treatments

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- Percocet
- Xanax

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- Trauma Therapy

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- [How Mental Health Emotional Stability in Recovery](#)
- [Outpatient Drug Rehab: Why It Works for Clients Needing Flexibility](#)

### Explore Categories

- Addiction
- Addiction Detox
- Addiction recovery
- Addiction Recovery Process
- Addiction Rehab
- Addiction Rehab Center
- Addiction treatment
- Aftercare
- Alcohol
- Alcohol abuse
- Alcohol addiction
- Alcohol rehab
- Anxiety
- Benzo addiction
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- Detox
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- Relapse Prevention
- Residential Treatment
- Sober Living
- Sobriety
- Substance abuse