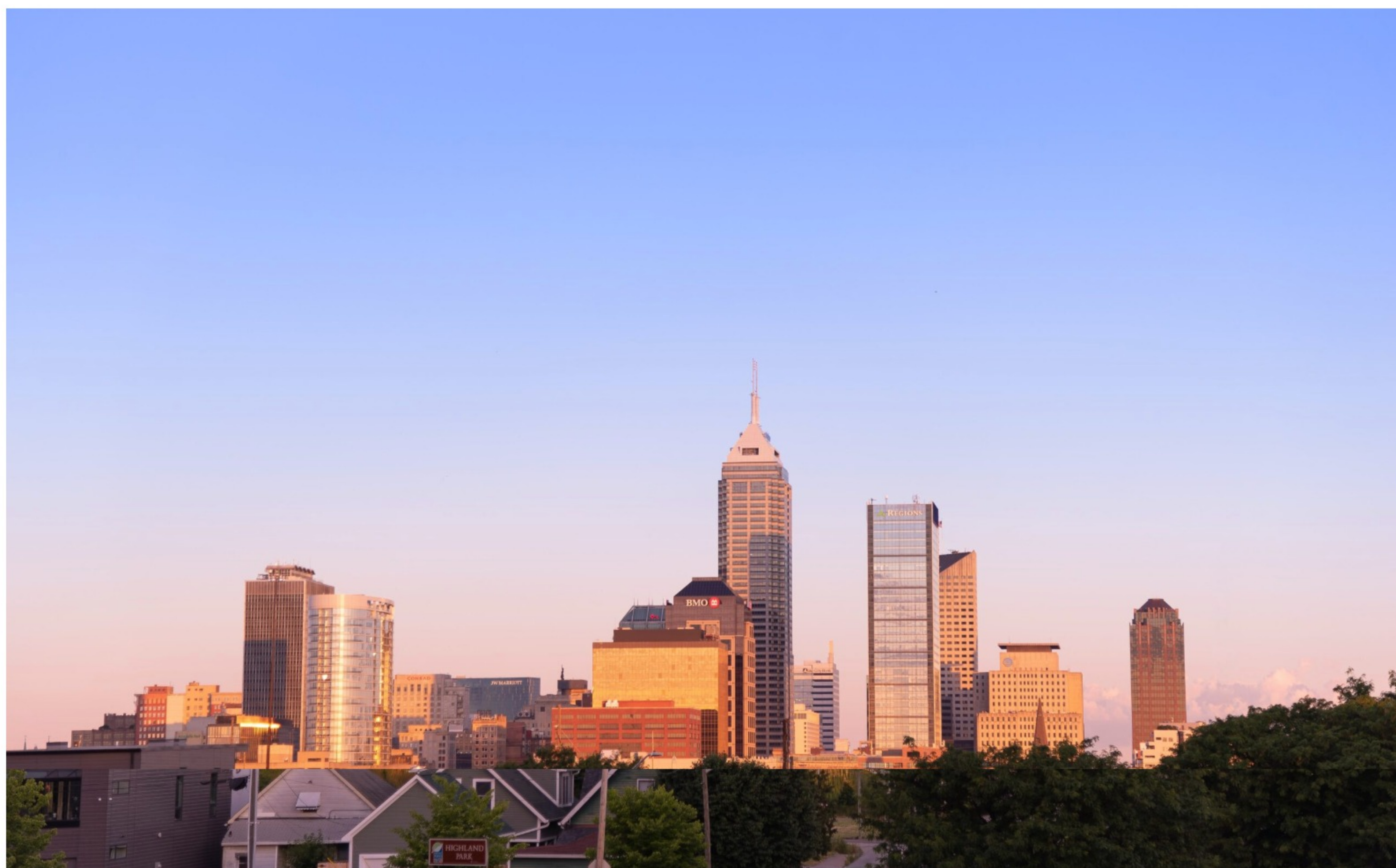


# Our Recommended 5 Addiction Treatment Centers in the Midwest for Women

by [impactwellness](#) | May 29, 2023 | [Addiction Treatment](#) | 0 comments



Women face unique challenges when it comes to looking for addiction treatment services. More often than not, they end up in mixed programs where their needs may be overlooked. Seeing this gap, some rehab facilities in the Midwest opted to provide women-focused drug and alcohol treatment. These help women feel safe and more comfortable in recovery, boosting their chances of attaining long-term sobriety.

Here are our 5 recommended addiction treatment centers in the Midwest for women:

## Grand Falls Center for Recovery

As a premier addiction treatment center in Missouri, Grand Falls Center for Recovery offers different levels of care for those struggling with addiction. Treatment programs here include a detoxification program, residential treatment, intensive outpatient, partial hospitalization, and outpatient treatment, all conducted by highly trained staff. They also offer dual diagnosis treatment for co-occurring mental health issues as well as an aftercare program.

## Findlay Recovery Center

The Findlay Recovery Center focuses on providing affordable and tailor-made therapies for substance abuse. This rehab center in Findlay Ohio, prides itself on offering evidence-based treatment programs along with modern amenities for all their clients. They specialize in detoxification and residential treatment programs for those battling addiction as well as offering sober living homes and an aftercare program for those who've been discharged from rehab.

## Evolve Indy

Evolve Indy is a 5-star rated drug addiction treatment center based in Indianapolis, Indiana. They aim to provide expert care by combining traditional and innovative therapies. Clients at Evolve Indy may be admitted to the inpatient program before transitioning to partial hospitalization, intensive outpatient treatment, and finally to outpatient treatment. They also encourage families affected by addiction to attend the family therapy program.

## Robert Alexander Center for Recovery

The Robert Alexander Center for Recovery was started by a group of recovering addicts who wanted to provide affordable addiction treatment in Kentucky. RAC offers high-quality, safe, and comfortable, evidence-based programs including detox, residential and outpatient programs to all those struggling with addiction.

## Impact Outpatient Program

Impact Outpatient Program is an innovative outpatient treatment center located near Louisville, Kentucky. They focus on offering drug and alcohol treatment through their intensive outpatient program as well as the outpatient program. Treatment here is highly individualized and personal so they also provide virtual telehealth services for their clients' convenience.

As part of [Impact Wellness Network](#), these rehab facilities in the Midwest provide top-rated treatment for drug and alcohol abuse. They have programs tailored for men, women, professionals, and the LGBTQ community to ensure all those in need receive the help they require. We offer a full continuum of care and are with you every step of your recovery journey. Please feel free to [contact us](#) if you'd like to know more about our treatment services or the [areas we serve in the Midwest](#). We're always happy to help.



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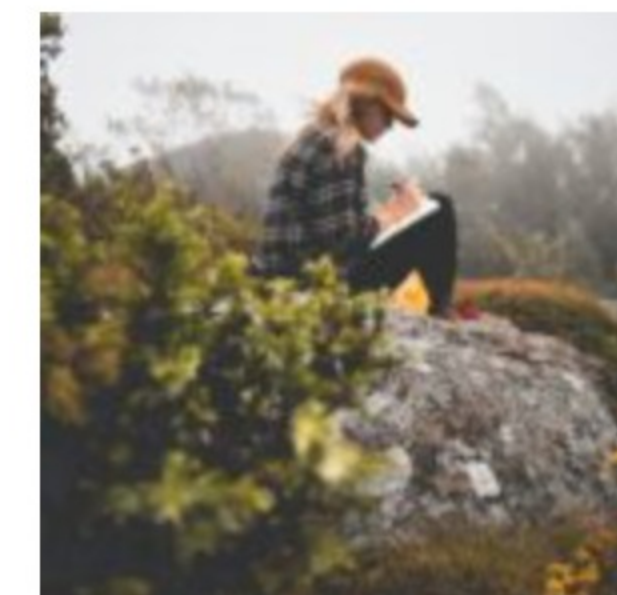
Discovering Your Passions: Exploring Hobbies and Interests to Enhance Your Life in Sobriety

Embarking on the journey of sobriety is a transformative experience that opens doors to self-discovery and personal growth. One of the key elements in maintaining a successful and fulfilling sober lifestyle is the exploration and cultivation of passions and interests. We will delve into the importance of discovering your passions, how hobbies can enhance your... [Read more](#)



Navigating Financial Wellness and Stability After Addiction Treatment: A Guide to Taking Care of Your Finances

Embarking on the journey of addiction recovery is a commendable and transformative experience. However, the challenges don't end with the completion of a treatment program. Achieving financial stability post-treatment is often an overlooked aspect of recovery. We'll explore the importance of taking care of your finances after addiction treatment and provide insights into navigating financial... [Read more](#)



The Importance of Self-Reflection: Taking Time to Pause, Reflect, and Grow in Sobriety Through Treatment

Embarking on the path to sobriety is a transformative journey that involves not only breaking free from the chains of addiction but also fostering personal growth and self-discovery. Amid the challenges that come with rehabilitation, the importance of self-reflection cannot be overstated. We will dive into the significance of taking time to pause, reflect, and... [Read more](#)



Creating a Vision for the Future: Setting Goals and Building a Life Beyond Alcohol Rehab

Embarking on the journey of alcohol rehabilitation is a courageous step toward a healthier and more fulfilling life. As individuals navigate through the process of recovery, it becomes crucial to not only overcome addiction but also to envision a future that is free from the constraints of alcohol dependency. Creating a vision for the future... [Read more](#)



Connecting with Your Inner Child: Healing Past Wounds and Finding Joy in the Present After Addiction Rehab

Do you ever feel like life is overwhelming and it's hard to find joy? Do past experiences and damaging relationships have a way of pushing their way into your everyday life? Are you looking for ways to reconnect with yourself, heal old wounds, and bring back the childlike wonder that seems so elusive in adult... [Read more](#)

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