

# How Long Does It Take To Withdraw From Drugs?

by Manny | Sep 28, 2021 | Addiction Treatment, For Loved Ones, Life in Recovery | 0 comments



If you are [trying to get clean](#), you're probably wondering, "How long does it take to withdraw from drugs?" This is a great question and one with a very complicated answer. Individuals struggle with different severities of addiction and different types of drugs take different lengths of time.

But, fear not, [Impact Wellness Network](#) is here to support you through every step of the addiction treatment and the rehabilitation process begins with detoxification. Contact one of our top-rated residential treatment centers today to see the impact we can make.

## Signs of a Drug Addiction

Individuals who experience addiction to substances may demonstrate different signs of drug addiction based on the severity of their addiction. Based on the DSM-5, the diagnostic manual for mental health disorders, individuals who experience the following symptoms may be experiencing a [substance use disorder](#).

- Taking the substance in larger amounts or for longer than you're meant to
- Wanting to cut down or stop using the substance but not managing to
- Spending a lot of time getting, using, or recovering from the use of the substance
- Cravings and urges to use the substance
- Not managing to do what you should at work, home, or school because of substance use
- Continuing to use, even when it causes problems in relationships
- Giving up important social, occupational, or recreational activities because of substance use
- Using substances again and again, even when it puts you in danger
- Continuing to use, even when you know you have a physical or psychological problem that could have been caused or made worse by the substance
- Needing more of the substance to get the effect you want (tolerance)
- Development of withdrawal symptoms, which can be relieved by taking more of the substance

The severity of the disorder is dependent on the number of symptoms or signs of drug abuse a person experiences. People who experience 2-3 have a mild substance use disorder, a moderate substance use disorder can be diagnosed with 4-5 of the symptoms, and a severe substance use disorder is 6 or more of the bulleted symptoms occurring.

When a person struggles with a substance use disorder but wants to get clean, they may begin to wonder to themselves, "How long does it take to withdraw from drugs?"

## How Long Does It Take To Withdraw From Drugs?



People who are addicted to substances and are looking to detox need to consider several factors into how long it will take to withdraw from them.

Firstly, the type of drug will impact the withdrawal period. For a drug like cocaine, the withdrawal period will begin within hours of the last hit, while benzodiazepines like Xanax and Halcion can take 1-4 days for withdrawal symptoms to emerge. Alcohol and opioids often begin in the first 8-12 hours and symptoms often peak in the first 24 hours.

The second thing that impacts withdrawal from drugs is the tolerance level of the person using the drugs. Typically, individuals who have used the drug longer will face longer and even more severe withdrawal symptoms.

## How Do I Detox From Drugs Safely?

To detox from drugs safely, a person should make sure that they are medically monitored throughout the entire process. One of the most severe withdrawal symptoms that destroy all the hard work an individual does to stop using substances is cravings. An individual with cravings may use again and have to restart the process.

The other part of participating in medically monitored detox is that you are able to begin treatment from the first day. Individuals who follow the safe path for drug safety will benefit from the individual and group counseling available to people in the group.

## How Can Impact Wellness Network Help Me?

Impact Wellness Network is a group of top-rated drug and alcohol addiction treatment centers designed with our clients in mind. We offer comprehensive addiction treatment from detox through aftercare.

[Contact us today](#) to see which of our high-quality rehabilitation programs can spark the change you're looking for in your life.

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Creating a Vision for the Future: Setting Goals and Building a Life Beyond Alcohol Rehab

Embarking on the journey of alcohol rehabilitation is a courageous step toward a healthier and more fulfilling life. As individuals navigate through the process of recovery, it becomes crucial to not only overcome addiction but also to envision a future that is free from the constraints of alcohol dependency. Creating a vision for the future ... [Read more](#)



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Do you ever feel like life is overwhelming and it's hard to find joy? Do past experiences and damaging relationships have a way of pushing their way into your everyday life? Are you looking for ways to reconnect with yourself, heal old wounds, and bring back the childlike wonder that seems so elusive in adult ... [Read more](#)



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Are you or someone you know suffering from addiction? If so, seeking local addiction treatment may be the best way to get started on the road to recovery. Addiction can have a huge impact on an individual's life and that of their family and friends, leading to emotional turmoil, financial difficulties, health problems, and other ... [Read more](#)



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As the clock ticks down to the New Year, the air is filled with anticipation, excitement, and the promise of new beginnings. For those on the path of recovery, however, New Year's Eve can be a challenging landscape of potential triggers and peer pressure. Staying true to your recovery during this celebratory time is not ... [Read more](#)



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Whether you're emerging from addiction treatment yourself or have a loved one transitioning from treatment back to everyday life, creating a "new normal" can be overwhelming. With vital elements like deciding on the right support systems and setting healthy boundaries at play in post-treatment life, having an understanding of how to make the transition as ... [Read more](#)

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