

Your Path to Recovery: Why You Should Look into Heroin Addiction Rehab Centers

by Nick Sparrow | Nov 23, 2021 | [Addiction Treatment](#) | [0 comments](#)



Individuals should look into heroin addiction rehab centers if they are using the illegal drug regularly. Problematic use and addiction are often closely related and impact the user's life in multiple ways.

Through the Impact Wellness Network, individuals can access high-quality heroin addiction treatment. Our multiple [Midwest residential treatment programs](#) are designed to help anyone and everyone who is ready to make a change in their life.

What is heroin?

Made from morphine, heroin is an illegal opioid used to get high and block pain. Heroin is a relatively common and cheap street drug that can be injected, ingested, smoked, or snorted. Individuals who use the drug often experience a numbing and euphoric high due to a rush of dopamine.

Individuals who are [high on heroin may experience](#) "drowsiness, respiratory depression, constricted pupils, nausea, a warm flushing of the skin, dry mouth, and heavy extremities." However, when individuals take too much and are overdosing, they may experience shallow breathing, blue lips, clammy skin, seizures, coma, and possible death.

What are the signs of heroin addiction?

Individuals who use heroin are not necessarily an addict, but they do have problematic use. To determine if the heroin use needs treatment, you should ask yourself the following questions.

[Questions about your use of heroin](#) in the past 12 months:

1. Do you often find yourself using heroin in larger amounts or more often than intended?
2. Have you wanted to stop or cut down using or control your use of heroin?
3. Have you spent a lot of time getting heroin or using heroin?
4. Have you had a strong desire or urge to use heroin?
5. Has your performance at work or school been impacted as a result of heroin use?
6. Has your use of heroin caused problems with other people, such as with family members, friends, or people at work?
7. Have you spent less time with friends or enjoying hobbies since heroin use has begun?
8. Have you ever gotten high before doing something that requires coordination or concentration like driving, boating, climbing a ladder, or operating heavy machinery?
9. Have you continued to use even though you knew that the drug had hurt your mental or physical health?
10. Have you found you needed to use much more of the drug to get the same effect as when you first started taking it?
11. Did you have withdrawal symptoms or feel sick, including flu-like symptoms or depression, when you reduced or stopped using?

According to the DSM-V, individuals who answer yes to 4-5 questions may be experiencing a moderate opioid use disorder. However, even a single yes could be a sign of a developing addiction disorder.

How Heroin Addiction Rehab Centers Can Help You or Your Loved One

Heroin is a tough addiction to kick based on how it impacts the brain and body. Heroin addiction rehab centers can help you or your loved one by providing medically monitored detoxification and intensive addiction treatment that is specifically designed to support individuals going through heroin withdrawal and treatment.

Impact Wellness Network

Our clients can access several [different addiction treatment centers](#) designed to help and support individuals with addiction through the Impact Wellness Network. By [contacting us today](#), you can speak with a professional about which treatment center best fits your addiction treatment needs. Contact the Impact Wellness Network today to access [high-quality heroin addiction treatment](#).

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Discovering Your Passions: Exploring Hobbies and Interests to Enhance Your Life in Sobriety

Embarking on the journey of sobriety is a transformative experience that opens doors to self-discovery and personal growth. One of the key elements in maintaining a successful and fulfilling sober lifestyle is the exploration and cultivation of passions and interests. We will delve into the importance of discovering your passions, how hobbies can enhance your... [Read more](#)



Navigating Financial Wellness and Stability After Addiction Treatment: A Guide to Taking Care of Your Finances

Embarking on the journey of addiction recovery is a commendable and transformative experience. However, the challenges don't end with the completion of a treatment program. Achieving financial stability post-treatment is often an overlooked aspect of recovery. We'll explore the importance of taking care of your finances after addiction treatment and provide insights into navigating financial... [Read more](#)



The Importance of Self-Reflection: Taking Time to Pause, Reflect, and Grow in Sobriety Through Treatment

Embarking on the path to sobriety is a transformative journey that involves not only breaking free from the chains of addiction but also fostering personal growth and self-discovery. Amid the challenges that come with rehabilitation, the importance of self-reflection cannot be overstated. We will dive into the significance of taking time to pause, reflect, and... [Read more](#)



Creating a Vision for the Future: Setting Goals and Building a Life Beyond Alcohol Rehab

Embarking on the journey of alcohol rehabilitation is a courageous step toward a healthier and more fulfilling life. As individuals navigate through the process of recovery, it becomes crucial to not only overcome addiction but also to envision a future that is free from the constraints of alcohol dependency. Creating a vision for the future... [Read more](#)



Connecting with Your Inner Child: Healing Past Wounds and Finding Joy in the Present After Addiction Rehab

Do you ever feel like life is overwhelming and it's hard to find joy? Do past experiences and damaging relationships have a way of pushing their way into your everyday life? Are you looking for ways to reconnect with yourself, heal old wounds, and bring back the childlike wonder that seems so elusive in adult... [Read more](#)

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